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D A   DEBBIE ALLEN DANCE ACADEMY

#DADAVirtualDanceWorld Technical Requirements & Best Practices

Technical Requirements:

- Bandwidth requirements for **participants** (each participant can choose one-way or two-way video and/or audio):
    - For receiving video/audio and sending video/audio, two-way: 3–5 Mbps for download/upload
    - For receiving video/audio and sending only audio (turning off video): 1–2 Mbps for download/upload
- Computer requirements:
    - Windows or MacOS, on Intel i3/i5/i7, with at least 4GB of RAM
    - Computer speakers or headphones
    - Optional: webcam for video-sharing (showing their face); **participants can still receive host's video without this**
    - Optional: computer microphone for audio-sharing (sharing); **participants can still receive host's audio without this**
- Software requirements:
    - Zoom account

Best Practices:

- Install Zoom ahead of time, and test with a friend to ensure that video and audio are receiving/sending without issue (this tests the computer and internet connection).
- Understand how to increase and decrease computer volume to have comfortable sound level on computer speakers or headphones.
- Practice turning video on and off.
- Keep video off if internet bandwidth is an issue.
- Please do not record or copy any part of the class.